

AN AUTUMN Quiet Page

Something gentle to do while your phone is put away.



AUTUMN WORD SEARCH

Find the words listed below.

B O O K S H O P B V H Y E
Y V G R H L G Q O A Z L H
T V A G W L N U D O P Z Q
Y B T G Z E A A C P V E L
W S H V T A I U A X D F S
X E E V S V A D T U D W G
H A R A Z E V N T U E K Q
A S T H S S O I T A M U M
R H C W X S T K T G I N X
B E L U A A V E S E Y R N
O L V E R P R W T T H W B
R L S G O Q P U M P K I N

AUTUMN
HARBOR
PUMPKIN
LEAVES

COZY
SEASHELL
APPLE
GATHER

BOOKSHOP
SWEATER
GRATITUDE
SEASON
QUIET



AUTUMN WORD SCRAMBLE

Unscramble the words below.

1. NUTMAU _____
2. RABHOR _____
3. KUMPIPIN _____
4. EAVLSE _____
5. ZYCO _____
6. SEAWTER _____
7. PEAPL _____
8. ETHARG _____
9. SHPOOBKO _____
10. SAESON _____



THIS OR THAT Autumn Edition

Circle the one you'd choose.



Coffee	or	Tea
Sunrise	or	Sunset
Apple Pie	or	Pumpkin Bread
Bookshop	or	Farmers Market
Sweater	or	Blanket
Walk by the Ocean	or	Porch Sitting
Rainy Day	or	Crisp, Sunny Day
Mountains	or	The Sea
Early Mornings	or	Cozy Evenings
Read a Book	or	Take a Walk

NOTICE SOMETHING



Before you pick your phone back up...

*Write down three small things you noticed today
that made this day a little brighter.*

1. _____
2. _____
3. _____

Take your time.

*There's nowhere else you need to be
right now.*

